HouseTrainedPup

7-day potty tracker

One column per day. Tally trips outside and accidents inside to find your puppy's pattern.

Puppy's name _____

Week starting _____

TIME OF DAY	DAY 1		DAY 2		DAY 3		DAY 4		DAY 5		DAY 6		DAY 7	
	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN
Wake-up														
Morning														
Midday														
Afternoon														
Evening														
Bedtime														
Night														
Notes														

How to use it

1. Under **Out**, mark P for each pee and X for each poop outside.
2. Under **In**, mark every accident inside, with the time if you can.
3. After 3 days, look for clusters: accidents at the same time of day mean that gap is too long.
4. Shorten that gap by 30 minutes for a week, then check again.

Good signs

- The **In** column is empty more days than not.
- Your puppy heads for the door or sniffs and circles before going.
- Night trips get later, then stop.

General guidance, not veterinary advice. Worried? Call your vet.