HouseTrainedPup

Potty schedule: 6-month-old puppy

Out every 4 to 5 hours while awake, plus after meals and active play. Most sleep through the night by now.

Puppy's name _____

Vet's phone _____

Find the column for the time your puppy wakes up and follow it down. Shaded rows are trips outside. Night rows continue the same clock.

UP AT 6 AM	UP AT 7 AM	UP AT 8 AM	WHAT HAPPENS	OUTSIDE
6:00 AM	**7:00 AM**	**8:00 AM**	Wake up: straight outside	✓
6:15 AM	**7:15 AM**	**8:15 AM**	Breakfast (meal 1 of 2)	
6:30 AM	**7:30 AM**	**8:30 AM**	Potty break after breakfast	✓
6:45 AM	**7:45 AM**	**8:45 AM**	Walk, play and training	
11:00 AM	**12:00 PM**	**1:00 PM**	Midday potty break and walk	✓
11:20 AM	**12:20 PM**	**1:20 PM**	Play or training	
3:30 PM	**4:30 PM**	**5:30 PM**	Potty break	✓
3:45 PM	**4:45 PM**	**5:45 PM**	Walk and play	
4:30 PM	**5:30 PM**	**6:30 PM**	Dinner (meal 2 of 2)	
4:45 PM	**5:45 PM**	**6:45 PM**	Potty break after dinner	✓
7:30 PM	**8:30 PM**	**9:30 PM**	Potty break	✓
7:45 PM	**8:45 PM**	**9:45 PM**	Calm evening time	
NIGHT				
9:30 PM	**10:30 PM**	**11:30 PM**	Last potty break, then bed	✓

Every trip, same steps

1. Same door, same spot, on a leash.
2. Say one calm cue word, like "go potty".
3. Praise and a treat right away, while you're still outside.
4. Night trips: lights low, no play, straight back to bed.
5. Accident? No scolding. Clean with an enzymatic cleaner.

Call your vet if your puppy

- pees much more often, or strains or cries when peeing
- has blood in the urine or drinks far more than usual
- starts having accidents after weeks of being reliable
- has diarrhea that lasts more than a day

General guidance, not veterinary advice. Worried? Call your vet.